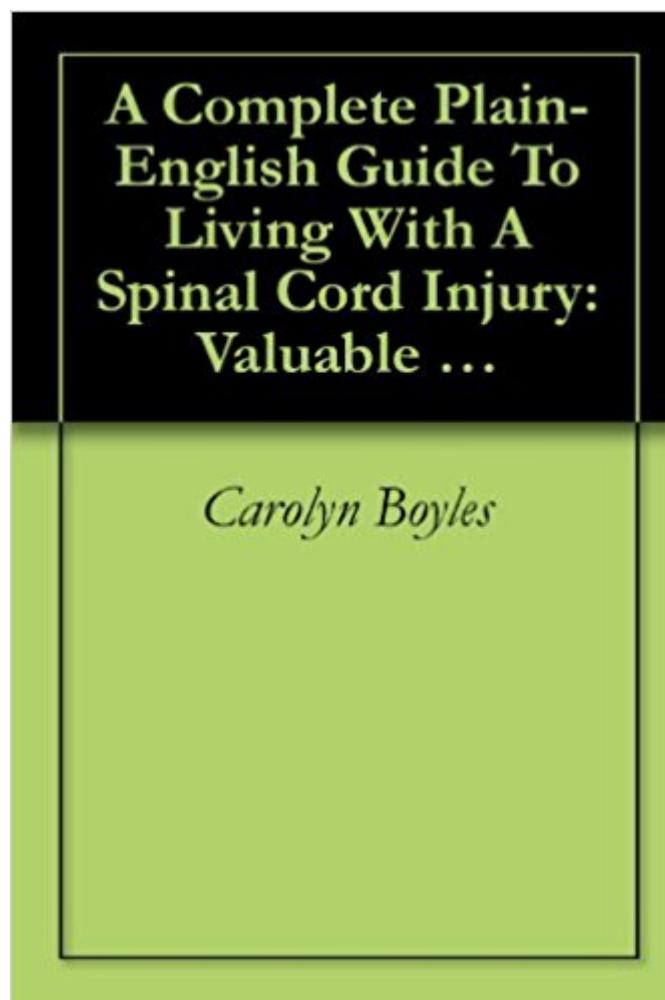




The book was found

A Complete Plain-English Guide To Living With A Spinal Cord Injury: Valuable Information From A Survivor



Synopsis

An invaluable resource for anyone touched by spinal cord injury-newly injured patients, longtime survivors, friends and loved ones, and medical professionals-A Complete Plain English Guide to Living with A Spinal Cord Injury offers a survivor's perspective on the physical and emotional journey from the time of injury, through the entire recovery process, and on to living a full and happy life. This thorough, down-to-earth manual delivers solid, factual information and real-world advice from someone who has been there. Carolyn Boyles, a long-term spinal cord injury survivor, translates medical jargon into plain English, and helps you understand everything you need to know about living and thriving with an injured spinal cord. Boyles' handbook covers surgeries and complications, treatment and rehabilitation, working with medical professionals, dealing with family and friends, understanding your unique injury, prognosis and life expectancy, maintaining hope and faith, working through emotional baggage...

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Customer Reviews

Inasmuch as I had a spinal stroke several years ago, I found this book very informative and helpful.

As a person living with a spinal cord injury, I found this book organized, thorough, and extremely helpful. I have not been able to find any other resources that are as comprehensive or well written. It should be given to everyone living with a spinal cord injury and working in the field.

I like this book. As an occupational therapist I found valuable information I could share with families and clients who have experienced spinal cord injuries. Ms. Boyles has a no nonsense approach to activities of daily living, resources, and expectations. This book has given me insight about my role as a therapist in the recovery process.

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